**WILLOWCREEK MIDDLE SCHOOL**

**DANCE 1**

This is our intermediate level dance class – prerequisite Dance Fundamentals. In Dance 1 students will improve in their dance technique, practice improvisation and learn composition skills, learn about how to set up a concert, learn different genres of dance styles, and perform as a class in our school Dance Concert. Dance Fundamentals is a prerequisite for this class.

**Dance 1 Disclosure**



Instructor: Mrs. Berrett

Email: [jberrett@alpinedistrict.org](mailto:jberrett@alpinedistrict.org)

Website: willowcreekdance.weebly.com

Phone: (801) 610-8766 Ext. 234

Availability: ***B DAYS*** - during pride time,

**CHANGING IN LOCKER ROOM:**

-Students are given 6 minutes to change in the locker room after planner check.  
-Mrs. Berrett and the other PE teachers are not personally responsible for lost items. *Be sure to always lock your locker* during the class period and after you have changed and are going to your next class. Never leave your locker unlocked and keep your combination to yourself.  
-Please leave jewelry, electronic

devices, food and drink, **gum**,

and socks in the locker room,

and come dressed and

ready to move.

after school, or by appointment

**RULES “5,6,7,8”:**

**5. BE KIND AND RESPECTFUL.**

“Treat others how you would like to be treated.”   
Others includes: teacher, peers, self, and space.

**6. BE SAFE.**

Safety is #1! No gum, food, drink, or behavior that could cause injury to others or space.

**7. BE BRAVE.**  
In dance your instrument is yourself.  
It is an act of bravery to get out of your comfort zone.   
I expect you to push yourself.

**8. BE READY.**   
To dance, to learn, to listen, to try new things.

Leave distractions at the door.   
Come on time and in appropriate attire.

NO GUM!

**YOU WILL NEED:**

**1. DANCE FOLDER “JOURNAL”**

A folder with 15 sheets of lined paper and a pencil inside. This will be left in the classroom throughout the semester. Please write your name and class period on folder.

**2. APPROPRIATE AND MANDATORY DRESS:**

***It is required that the clothing is form fitting*** so I can see the proper alignment and technique. Please write the student’s name on the tag of each clothing item.

-***Leggings***. The length of pants needs to be as long as the knee and be above the ankle. It is also a requirement that the pants go high enough to cover the bum when moving.

    - ***A BLACK or GRAY FORM FITTED t-shirt or wide strap/racerback tank*** that covers the stomach, back and chest when moving. No super strappy, low hanging or backless.

    -***Socks are allowed*** (not mandatory) during class *except for activities in which they may present a danger*. Be ready to take them off when asked by Mrs. Berrett

    -*All hair must be pulled back so it will not interfere with student’s dancing.* ***No exceptions****.*

    -If a student cannot afford to get clothes for dance, the student’s parent or guardian is free to contact Mrs. Berrett to accommodate the situation.



**CONSEQUENCES:**

***When rules are followed****:* a safe, happy environment to dance and full participation points for the day. :)

***When rules are not followed:***  
    1. Verbal warning and documentation

2. Loss of participation points and warning

3. Loss of all participation points and administrative contact

ANY STUDENTS WHO USE PROFANITY, FIGHT, DISREPECT, BULLY OR DAMAGE TO INDIVIDUALS OR PROPERTY WILL BE ***IMMEDIATELY*** SENT TO THE OFFICE.

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PLEASE REMEMBER HYGIENE! WEAR DEODORANT,

WASH YOUR CLOTHES, AND SHOWER REGULARLY!!!



**GRADING**

I am trying a new way of grading this semester that I think will be more accurate for what each student earns in class and will help them learn better!. Throughout the term a student’s mastery of subject content will be measured on a 0-4 point scale (0=Not Done, 1=Remediation, 2=Emerging, 3=Mastery, 4-Advanced Mastery.

**Skills (35%)** – There are two components of this category:

**Skill Pass Off Cards** measure each students technical dance abilities. Each student will be expected to pass off technical dance skills each term. We will work on these during class but if a student needs extra time to succeed in any skill they are encouraged to come and get help during Pride Time.

**Rehearsal Skills** is based off of the students daily rehearsal etiquette in class. These points replace themselves every day and are based off of a 0-4 point scale that looks like this:

4=fully participating, dressed correctly, contributing to discussion

3=chewing gum, tardy to squad spot

2=not dressed (includes hair down)

1= barely trying or being a rude stinker

0=absent

If the grade goes down, because of behavior, not dressing down, gum etc, students will be allowed to do a responsibility assignment to earn back their points. Points can ALWAYS be made up! :)

Absent days can be made up for full credit by completing a make-up assignment either online or by grabbing one in class, or coming to 2 make-up Pride Time classes (can be done in advanced if desired).

If a student is injured or hurt, there is an alternate assignment that will take place to make up for the points they are missing by not dancing with us. If the student needs to sit out for more than 1 class a parent or doctors note is required.

**Written (10%)** – Students will have a journal to do almost every day and some written tests and assignments. These things will help the student understand and retain the concepts they learn about the art of dance while in Dance 1.

**Tests (35%)** – Students will have performance tests and choreography tests throughout the semester to show their ability in the subjects we are covering in class.

**Performance (20%)** – See more in the performance box below.

\*\*Extra Credit – There is NO extra credit in this class. If a student wishes to raise their grade then they must complete missing assignments or re-do assignments/performances with low grades.\*\*

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **A Grades** | **B Grades** | **C Grades** | **D Grades** | **F** |
| A+ 100% | B+ 84%-78% | C+ 64%-58% | D+ 44%-38% | F 24% -0% |
| A 99%-92% | B 77%-71% | C 57%-51% | D 37%-31% |  |
| A- 91%-85% | B- 70%-65% | C- 50%-45% | D- 30%-25% |  |

Pride Times:

I am available every B day except Fridays to help students remediate their dance grade or work on dance skills we are going over in class. Every Wednesday we will have a Dance Master class of a different style that students are welcome to come and take for an activity so long as they have a colored slip. Feel free to come dance with us!

If you cannot come during pride time and need help please email me or come before or after school.

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***SPRING PERFORMANCE (20% of grade):***

***May 8th***

**We will have a mandatory dress rehearsal on Monday May 6(2-5:30) and a tech/lighting on Friday May 3rd (4:30-4:55). We will also have an informal concert the same week May 10th during pride time in the auditorium where the students will be graded on attendance and concert etiquette. IF THE STUDENT CANNOT ATTEND THE PERFORMANCES IT WILL SIGNIFICANTLY AFFECT THEIR GRADE. If there is an extreme circumstance where you cannot attend you need to come see Mrs. Berrett ASAP *(at least one month in advance*) and get an *Excusal from Performance form*. We will discuss your reason for not being able to attend, you and your parents must sign and fill out form, and you will be given a make-up assignment.**

**REMIND 101**

I am going to start using Remind 101 as a way to communicate to students and parents via texts of reminders throughout the year. This is a free, secure app that will notify the student directly via their phone. *THIS IS NOT REQUIRED, BUT I BELIEVE WILL BE HELPFUL TO STUDENTS.* If any parents are interested in receiving the same reminders you can feel free to join it as well.

The way to join is:

1. Text [727-287-5905](tel:(727)%20287-5905)

2. In the body of the message write

B6 - @mberrett

B7 - @bc36b2

B8 - @934aea

Name: Class Period:

**SIGNATURE SHEET**

After reading the disclosure please fill out the following form and remind your child return this sheet and bring all necessary supplies to school by January 8th.

Student Name (First and Last)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Name (First and Last)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Contact Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are there any allergies that I should be aware of concerning your student?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Are there any injuries that I should be aware of concerning your student?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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I understand that my child is required to perform on May 8th (with lighting on May 3rd from 4:00-4:25 and dress May 6th from 2-5:30 .) (Check a box)

YES I HAVE QUESTIONS SO I WILL CONTACT MRS. BERRETT

Anything else you would like me to know? (You can write here or email me at [jberrett@alpinedistrict.org](mailto:jberrett@alpinedistrict.org))

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_