**WILLOWCREEK MIDDLE SCHOOL**

Willowcreek Dance Mission:

Our Goal is to help students find within themselves the power to improve, to create and have courage. We strive to not only improve one’s dance as an art, but the dancer as a person.

**Dance Fundamentals Disclosure**



Instructor: Mrs. Berrett

Email: [jberrett@alpinedistrict.org](mailto:jberrett@alpinedistrict.org)

Website: willowcreekdance.weebly.com

Phone: (801) 610-8766 Ext. 234

Availability: ***B DAYS*** - during pride time,

**CHANGING IN LOCKER ROOM:**

-Students are given 6 minutes to change in the locker room after the class bell has rung.  
-Mrs. Berrett and the other PE teachers are not personally responsible for lost items. *Be sure to always lock your locker* during the class period and after you have changed and are going to your next class. Never leave your locker unlocked and keep your combination to yourself.  
-Please leave jewelry, electronic

devices, food and drink, **gum**,

and socks in the locker room,

and come dressed and

ready to move.

after school, or by appointment.

**RULES “5,6,7,8”:**

**5. BE KIND AND RESPECTFUL.**

“Treat others as you would like to be treated.”   
Others includes: teacher, peers, self, and space.

**6. BE SAFE.**

Safety is #1! No gum, food, drink, or behavior that could cause injury to others or space.

**7. BE BRAVE.**  
In dance your instrument is yourself.  
It is an act of bravery to get out of your comfort zone.   
I expect you to push yourself.

**8. BE READY.**   
To dance, to learn, to listen, to try new things.

Leave distractions at the door.   
Come on time and in appropriate attire.

NO GUM!

**YOU WILL NEED:**

**1. DANCE FOLDER “JOURNAL”**

A folder with 15 sheets of lined paper and a pencil inside. This will be left in the classroom throughout the semester. Please write your name and class period on folder.

**2. APPROPRIATE AND MANDATORY DRESS:**

***It is required that the clothing is form fitting*** so I can see the proper alignment and technique. Please write the student’s name on the tag of each clothing item.

-**BLACK** ***Leggings***. The length of pants needs to be as long as the knee and be above the ankle. It is also a requirement that the pants go high enough to cover the bum when moving. No jeans or anything that looks like it.

    - ***A BLACK or GRAY FORM FITTED t-shirt or wide strap/racerback tank*** that covers the stomach, back and chest when moving. No super strappy, low hanging or backless.

    -***Socks are allowed*** (not mandatory) during class *except for activities in which they may present a danger*. Be ready to take them off when asked by Mrs. Berrett

    -*All hair must be pulled back so it will not interfere with student’s dancing.* ***No exceptions****.*

    -If a student cannot afford to get clothes for dance, the student’s parent or guardian is free to contact Mrs. Berrett to accommodate the situation.



**CONSEQUENCES:**

***When rules are followed****:* a safe, happy environment to dance and full participation points for the day. :)

***When rules are not followed:***  
    1. Verbal warning and documentation

2. Loss of participation points and warning

3. Loss of all participation points and administrative contact

ANY STUDENTS WHO USE PROFANITY, FIGHT, DISREPECT, BULLY OR DAMAGE TO INDIVIDUALS OR PROPERTY WILL BE ***IMMEDIATELY*** SENT TO THE OFFICE.

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PLEASE REMEMBER HYGIENE! WEAR DEODORANT,

WASH YOUR CLOTHES, AND SHOWER REGULARLY!!!

**Participation:**

Because of the nature of this class, participation is where most points come from. This includes being on time, dressing in appropriate dance class attire, participation in discussion, dancing full-out, answering questions, etc.

*Each student will receive 10 points per day.*

Tardy = lose 1 point

Not dressing out = lose 3 points

Chewing gum = lose 1 point

Behavior or choosing not to participate

(up to teacher discretion)

If a student is injured or hurt, there is an alternate assignment that will take place to make up for the points they are missing by not dancing with us. If the student needs to sit out for more than 1 class a parent or doctors note is required.

If a student is missing for any reason (except a school excused absence) they will receive a 0 out of 10 for that day’s participation. **To make up the points you can find the absent make up work on Mrs. Berrett’s website.**

\*Before doing a make up ask Mrs. Berrett which assignment to do for the day you missed.

\*\* You can only make up 3 absences a term.

When a student misses for a school excused absence – they will then receive an \* meaning they don’t receive positive points to help their grade or negative points to hurt it.

Pride Times:

I am available every B day except Fridays to help students remediate their dance grade or work on dance skills we are going over in class. Every Friday we will have a Dance Master class of a different style that students are welcome to come and take for an activity so long as they have a colored slip. Feel free to come dance with us!

If you cannot come during pride time and need help please email me or come before or after school.

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Late work and

retake policy:

If you turn an assignment in late you can only receive a maximum score of **75**%. You may also retake quizzes and tests as many times as needed for a maximum of **75**%.

GRADING SCALE:

A   100% - 94%

A-   93.9 - 90

B+   89.9 - 86.5

B    86.49 - 82.5

B-   82.49 - 79.5

C+  79.49 - 76.5

C   76.49 - 72.5

C-   72.49 - 69.5

D+  69.49 - 66.5

D   66.49 - 62.5

D-  62.49 - 59.5

F   59.40 - 0

***REQUIRED END OF THE SEMESTER PERFORMANCE:***

***DECEMBER 10TH***

**We will have a mandatory dress rehearsal on Friday December 6th (3-6:15) and a tech/lighting on Thursday December 5th (between 3-4:30).We will also have an informal concert the next day December 14th during pride time in the auditorium where the students will be graded on attendance and concert etiquette. IF THE STUDENT CANNOT ATTEND THE PERFORMANCES IT WILL SIGNIFICANTLY AFFECT THEIR GRADE. If there is an extreme circumstance where you cannot attend you need to come see Mrs. Berrett ASAP *(at least one month in advance*) and get an *Excusal from Performance form*. We will discuss your reason for not being able to attend, you and your parents must sign and fill out form, and you will be given a make-up assignment.**

**REMIND 101**

I am going to start using Remind 101 as a way to communicate to students and parents via texts of reminders throughout the year. This is a free, secure app that will notify the student directly via their phone. *THIS IS NOT REQUIRED, BUT I BELIEVE WILL BE HELPFUL TO STUDENTS.* If any parents are interested in receiving the same reminders you can feel free to join it as well.

The way to join is:

1. Text [727-287-5905](tel:(727)%20287-5905)

2. In the body of the message write

B6 - @mberrett

B7 - @bc36b2

B8 - @934aea

Name: Class Period:

**SIGNATURE SHEET**

After reading the disclosure please fill out the following form and remind your child return this sheet and bring all necessary supplies to school by January 8th.

Student Name (First and Last)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Name (First and Last)\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Contact Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Are there any allergies that I should be aware of concerning your student?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Are there any injuries that I should be aware of concerning your student?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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I understand that my child is required to perform on December 10th (with lighting on December 5th between 2-4:30 and dress December 6th from 3-6:00) (Check a box)

YES I HAVE QUESTIONS SO I WILL CONTACT MRS. BERRETT

Anything else you would like me to know? (You can write here or email me at [jberrett@alpinedistrict.org](mailto:jberrett@alpinedistrict.org))

Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Student Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_